

LAHFH Sweat Equity Ideas:

Sweat Equity Activities	Future Home-owners (adults)	Family Children, 16 & older	Family Children under 16	Extended Family & Friends
Construction, including preparing snacks and work site clean-up	x	x		x
Restore	x	x	x 13-15 with adult	x
Office work, office cleaning	x	x		x
Habitat homeowner informal organization meetings	x	x		
Take pictures of the builds, post on social media, create a blog	x	x		x
Attend homebuyer workshops	x	x		
Habitat groundbreaking, wall-raising, dedications	x	x	x	
Sending out Habitat thank-you notes, calling donors /volunteers	x	x		
Attend home improvement classes (needs prior Habitat approval)	x	x		
Academic performance, all levels of school				
A (4) = 2 hrs, B (3) = 1 hrs; fall and spring. Up to 20 hours possible.		x	x	

Participate at Habitat speaking events, fundraisers, or other outreach events	x	x	x	
Completing assigned surveys and worksheets	x			
Interviews to share your family story and video recording	x			
Drawing pictures for Habitat when asked		x	x	
Childcare of younger siblings while adults at Habitat construction site or class		x	x	x
Volunteering in the community (needs prior Habitat Approval)	x	x	x	